

## THE MOST SYMPTOMS IN PALLIATIVE CARE

- Pain
- Shortness of breath
- Anxious
- Depressed
- Itching
- Pressure sores
- Constipation
- Diarrhoea
- Difficulty in sleeping
- Feeling sleepy
- Drowsiness
- Hallucinations
- Falls
- Fatigue
- Mouth problems
- Sore or dry mouth
- Problems swallowing
- Dribbling of saliva

- Poor appetite
- Nausea (feeling like you are going to be sick)
- Vomiting (being sick)
- Poor mobility
- Immobility
- Problems using arms
- Problems using legs
- Restless legs or difficulty keeping legs still
- Spasms
- Financial
- Self worth
- Personal affairs
- Information
- Support
- Share
- Wasted time
- Difficulty communicating

Source: <https://pos-pal.org/maix/pos-downloads.php>